

# **Continuing Education and Competency Program Policy**

Approved by: CMTPEI Council

Date: March 02, 2022

**Relevant Legislation and Regulation:** Massage Therapists Regulations, Sections 14(1) Continuing Competency, RHPA Section 60 (1) and (2)

### **Policy**

# **Registrant Requirements**

Professionals who are self-regulated have a responsibility of competency and safety to the public and must continually engage in professional development and education. This is mandatory to stay current in knowledge, skill, research, and regulatory standards. The public has a right to expect registrants will be competent, have current knowledge, and provide service that is client centered.

## 1.1 Self Assessment and Learning Plan

- 1.1.2 All registrants shall have access to a self-assessment tool and develop a learning plan.
- 1.1.3 All registrants shall complete a learning plan as a requirement for registration renewal.
- 1.1.4 The self-assessment shall consist of:
  - A review of the Indicators listed in Standards of Practice and Code of Ethics documents for massage therapy found on the CMTPEI website.
  - Identification of two (2) professional goals and associated learning plans.
- 1.1.5 The learning plan will consist of:
  - Selection of two (2) learning goals based on this assessment for the upcoming year.
  - Identify specific steps that can be taken to meet these goals in the upcoming year.



- 1.1.6 Each registrant shall retain copies of their notes from their learning plan for a period of 5 years and will be prepared to present this material if/when requested by the registrar.
- 1.1.7 Learning plan activities must meet the following criteria:
  - be relevant to the practice of massage therapy
  - be credible in that it is believed that the learning opportunity existed, the registrant was eligible to participate, and that following the successful completion of the activity, it would further the registrant's profession.
  - be verifiable in that completion can be confirmed or corroborated

#### 1.2 Continuing Competency Activities

- 1.2.1 Continuing Competency activities may include but are not limited to the following; workshops, courses, on-line learning, and conferences directly related to the practice of massage therapy
- 1.2.2 Self directed study directly related to the practice of massage therapy
- 1.2.3 Evidence of self- reflection of your learning outcomes