

Registrant Information

Name Jane Doe

Registration Number PE999

Learning Goal 1

Start Date 0 1 | 0 4 | 2 0 | 1 9

Proposed Finish Date 3 1 | 0 3 | 2 0 | 2 0

Learning Goal — *What do you want to learn?*

I want to increase my knowledge of techniques that improve range of motion

Rationale — *Why do you want to meet this learning goal?*

I am treating an increase of clients that were involved in motor vehicle accidents and frozen shoulder

Objectives — *What activities are you going to do to achieve this learning goal?*

I am planning on taking Myofascial courses and applying the techniques to clients that have back/neck pain due to motor vehicle accident and frozen shoulder

Client Outcomes — *How may this information help you improve your massage practice and client outcomes?*

Acquiring more knowledge to improve techniques will help me as a therapist develop better treatment plans for my clients

Fill in this section when you have finished your learning activities

New Knowledge

Identify something specific you learned by meeting this learning goal

Proper application of Myofascial techniques can improve pain management for clients suffering from neck pain due to motor vehicle accident and frozen shoulder

Reflective Evaluation of Learning Goal

Describe how you use this new knowledge to improve your practice and positively impact client outcomes

When I am treating a client, I ensure to compare ROM assessments pre and post treatment. I do this so I can evaluate effectiveness of the treatment given and modify the treatment plan as needed. The earlier I recognize and act on changes, the more likely this will improve on client outcome.

Proof of completed activities provided with learning plan